

Campus Services at Washington University School of Medicine

ATHLETIC COMPLEX (Forsyth and Big Bend) Located on the original site of the 1904 Olympics, this is a modern sports complex with indoor swimming pool, racquetball courts, basketball courts, weight room and indoor and outdoor tracks. You must have valid School of Medicine identification. You may call the main campus Athletic Department at 935-5220 with questions about family memberships, guest passes and other information. After 5 p.m. call 935-4619. Regular hours are Monday-Friday 6:45 a.m. – 10 p.m.; Saturday 10 a.m. – 9 p.m.; and Sunday 12 noon – 9 p.m. As access to some facilities may depend on scheduled sporting events or staffing between semesters, we suggest you call to check on hours when planning a visit.

SHUTTLE BUS Several routes provide transportation throughout the Medical School complex as well as to the main campus. Some departure and arrival times and bus stops may vary because of student semester schedule or campus construction. Call the Transportation Office on the MAIN CAMPUS at 935-5601 from 8 a.m. – 5 p.m. for information about the campus-to-campus shuttle. Call Transportation Services on the MEDICAL SCHOOL CAMPUS at 362-6824 from 7:30 a.m. – 4:30 p.m. for information about shuttle services provided at the Medical School.

MAIL ROOM (1st floor McDonnell Science Building) Responsible for processing the interdepartmental and intercampus mail. All mail should be properly addressed with department name and box number to insure prompt delivery. The mailroom also serves as a full service post office where you may purchase stamps and ship packages through the U.S. mail. PHONE 362-1091; HOURS 9:00 a.m. – 3:00 p.m.

PARKING The medical School makes parking available to its employees. Fees vary depending on the parking lot/garage location. All new employees should apply for a parking permit through their supervisor or Departmental Parking Permit Coordinator. For more information regarding lots, fees, types of permits and methods of payment (payroll deduction available) contact the Transportation Services Office at 362-6824; HOURS 7:30 a.m. – 4:30 p.m. M-F. Or review the brochure in your packet.

CHILD CARE RESOURCE AND REFERRAL SERVICE. Call CDCA (Child Day Care Association) at 314-531-1412 or 1-800-467-CDCA(2322). Ask for the Referral Department. Tell us you work for Washington University, your social security number, and department name and number. Talk to a specialist about your needs and available options. We will prepare a customized list of resources that meet your needs and have space for your child.

CHILD DEVELOPMENT CENTER Sponsored by St. Louis Children's Hospital, the services of the center are offered to Washington University Medical School employees. They offer enrichment programs for infants through kindergarten age children. The Center is located at 321 S. Newstead (phone 454-4700) and at 4353 Clayton Avenue (phone 362-0777), with hours of 6 a.m. – 8 p.m. Monday through Friday.

PROTECTIVE SERVICES OFFICE As the law enforcement unit on campus, the Office advocates personal safety at work. They provide security escort services on campus. Call 362-HELP for walking or mobile security escort to your car, between buildings, etc. The service is available 24 hours per day. They also provide car battery jump-starts, retrieval of locked-in car keys, and copies of their written incident reports for your insurance company if you are involved in a crime or car accident on University property.

VANPOOL Incentives for your participation in the Carpool Program include close-in parking and discounted parking fees. The carpool bulletin board and map in the McDonnell Science Building (near the Admissions Office) helps link up employees interested in forming or joining carpools. The Vanpool Program is the oldest in St. Louis and presently has seven routes. Call the Transportation Services Office at 362-6824 for more information on these programs.

MEDICAL BOOKSTORE (1st floor McDonnell Pediatric Research Bldg.) Stocks medical texts and references, items of clothing, both with and without Washington University School of Medicine insignia, a few trade books, greeting cards, snacks and sundries. PHONE 362-3240; HOURS 8:00 a.m. – 7:00 p.m. M-F, 10:00 a.m. – 4:00 p.m. on Saturdays. and 12:00 p.m. to 4:00 p.m. on Sundays.

EMPLOYEE FITNESS PROGRAM (5th floor of Irene Walter Johnson Rehabilitation Building) Aerobics classes are held Monday through Friday from 12:05 p.m. to 12:55 p.m. A fee of \$52.50 entitles employees to 7 weeks of 50 minute sessions of hi-lo aerobics classes (a mixture of high and low impact aerobics) and step aerobics classes (one day is a step interval class utilizing hand weights). Classes are conducted by qualified instructors from the Kirkwood-Webster Groves Family YMCA. Employees interested in joining in the noon time fun may call Rhonda Porsche-Sorbet at 362-8852 to enroll or make arrangements for one free trail class. You may obtain more information on the program at <http://pathology.wustl.edu/~adams/aerobics.html>.

THE BERNARD BECKER MEDICAL LIBRARY (On Euclid between Scott and McKinley) Houses a vast collection of books, subscription journals, and on-line literature search services. Audiovisual materials, Macintosh and IBM Personal Computers, laser printers and software are also available. Hours 7:30 a.m. to 12 a.m. M-Th; 7:30 a.m. to 10 p.m. on Friday; 8:30 a.m. to 6 p.m. on Saturday; and Sunday 12:00 p.m. to 12:00 a.m. on Sunday. Telephone 362-7080. Medical School employees also have access to all libraries located on the main campus. For more information call Olin Library at 935-5454.

THE OPTICAL SHOP (Main level of McMillan building) The shop offers a 20% discount on frames and lenses to employees and immediate families. HOURS 8:30 a.m. – 4:40 p.m., M-F. PHONE 362-6123.

CANCER INFORMATION CENTER (Main level, Barnard) Information and resources for the general public about cancer prevention, treatment and how to cope with the disease. Available free or at small charge. Hours 9 a.m. to 4 p.m., M-F, Telephone 362-7844.

HEALTH EDUCATION CENTER (Main level, Barnes East Pavilion) Health awareness information and weight and blood pressure checks are available. Various health screenings for the general public are scheduled on Thursdays. Hours: 8 a.m. to 5 p.m., Telephone 362-1390.

FLOWER AND GIFT SHOPS Located in Barnes, Children's and Jewish and open to the public for gifts, snacks, flowers and miscellaneous items.

CAFETERIAS AND RESTAURANT Cafeterias are located in Barnes, Children's and Jewish Hospitals and in the McDonnell Science building (Medical School cafeteria open 7 a.m. – 4 p.m.). Whole pizzas "to go" can be ordered from Barnes cafeteria at 362-6260. Queeny Tower Restaurant (17th floor Queeny Tower) offers table service and a birds-eye view of Forest Park.

RACQUETBALL/TENNIS COURTS These outdoor courts are located in front of Barnes Hospital over the underground parking garage. These are open to the public on a first come first serve basis.

FOREST PARK Originally planned and built up for the 1904 World's Fair it is now mostly park land. The Science Center, the Zoo, the Jewel Box (Atrium), the Art Museum, bike paths, golf courses, tennis courts, soccer fields, picnic areas, ball fields and paddle boats are in Forest Park and are all available to the public.

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